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NCHE MARKS 7TH ANNUAL NATIONAL DAY OF RACIAL HEALING WITH LAUNCH OF A PODCAST SERIES & RELEASE OF SCHOLARLY PAPERS ON RACIAL EQUITY

VIDEO PODCAST

ROUNDTABLE

WASHINGTON – Celebrating the 7th annual National Day of Racial Healing, the National Collaborative for Health Equity (NCHE) today released an inspiring roundtable discussion with NCHE Senior Scholars on striving for racial equity and announced the launch of their new podcast series, *NCHE PRESENTS:* Leaders Pursuing Health Equity In America.

The roundtable, which is moderated by NCHE Executive Director Dr. Gail C. Christopher, is a component of NCHE's partnership with publisher Mary Ann Liebert, Inc., and its Health Equity journal. Mary Ann Liebert is the official publishing partner of NCHE. The Health Equity journal will publish the roundtable, as well as comprehensive papers written by NCHE Senior Scholars - five distinguished academic and social justice leaders who provide insights and expertise on various aspects of racial equity and social justice.

"We are at an unprecedented moment in the history of the health of our nation," said Dr. Christopher. "We are moving forward from the worst public health crisis America has ever experienced. So many have suffered from the COVID-19 pandemic. But we remain hopeful that the era of racial reckoning in response to the brutal murder of George Floyd will yield positive results that help eliminate racism and facilitate racial healing."

It was seven years ago today that the National Day of Racial Healing was launched by the W. K. Kellogg Foundation as part of a comprehensive framework that calls for acknowledgement of the pain caused by racism and provides concrete methods of healing the wounds of the past and moving forward towards racial equity in our communities.

"While divisiveness grabs the headlines, there is a strong undercurrent and momentum for racial healing and progress towards what Dr. King called 'the beloved community,' "Dr. Christopher said. "Over the last seven years the National Day of Racial Healing has expanded into hundreds of communities. People of all races and ethnicities celebrate efforts to eradicate racism, end health inequity and value the humanity of all people."

The inaugural group of NCHE Senior Scholars are **Charmaine Royal**, PhD, MS, Robert O. Keohane Professor of African & African American Studies, Biology, Global Health, and Family Medicine & Community Health at Duke University; **Lisa Sockabasin**, MS, a Citizen of the Passamaquoddy Tribe at Motahkomikum and co-CEO of Wabanaki Public Health and Wellness; **Mindy Thompson Fullilove**, MD, LFAPA, a Social Psychiatrist and Professor of Urban Policy and Health at The New School; **Alan Jenkins**, JD, MA, Professor of Practice at Harvard Law School; and **Algernon Austin**, PhD, Director for Race and Economic Justice at the Center for Economic and Policy Research.

The next issue of Health Equity, which will be published on January 20, 2023, will include articles by the NCHE Senior Scholars. Their work aligns with the pillars of a framework that engages communities, organizations, and individuals from multiple sectors across the United States in racial healing and addressing present-day inequities linked to historic and contemporary beliefs in a hierarchy of human value.

In her paper, Royal examines narrative change and concludes there must be "a shift in our approach" if America is to truly address the systemic racism embedded in our society. Focused on racial healing and relationships, Sockabasin writes eloquently about the state of our society and how to get it back on track. With a special interest in the relationship between the collapse of communities and decline in health, Fullilove examines separation through history and its impact on health. Jenkins recounts the turbulent relationship between law and equity in our nation and discusses the elements that can lead to major progress through law, and recommends specific steps that different actors can take to move an equity and opportunity agenda forward. Austin writes that racist ideas and practices help to structure American society by being in dialogue with the economy of the society.

"The roundtable discussion and the accompanying articles contribute to our healing journey. The National Day of Racial Healing is the appropriate time for them to be consumed as people celebrate our progress towards a fair and just society for all," said Dr. Christopher, who led the creation of the National Day of Racial Healing while serving as a vice president and senior advisor at the Kellogg Foundation.

As a component of its National Day of Racial Healing celebration, NCHE also launches its podcast series. Hosted by Dr. Christopher, the premier episode is an engaging conversation with Dr. Kaiwipuni Punihei Lipe. She is an extraordinary leader who discusses the culture of native Hawaiians, the challenges they face and a special bond with their homeland.

The conversation is consistent with the National Day of Racial Healing's overarching theme, as Dr. Christopher and Dr. Lipe discuss the power of healing and the "connectiveness" between all

people on earth. Both the podcast and the work of the NCHE Senior Scholars underscore the value of healing that is the prevalent message on this day.

"America is beginning the real work of seeding and growing the capacity to value the humanity of all people," Dr. Christopher said. "This will require understanding the need to see ourselves in one another, to develop automatic responses of empathy and compassion needed to build bridges of trust that are required for carrying the weight of the truth of our nation's past. The National Day of Racial Healing is a key contributor to building that trust."

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Founded in 2014, NCHE's mission is to promote health and racial equity. NCHE equips institutions and leaders from historically marginalized and excluded communities with tools to improve the social, economic, and environmental conditions that shape health. These tools include leadership development, policy analysis, data mining and analysis, and community organizing and mobilization to address a range of issues that are the ultimate determinants of health. We are committed to addressing the deep racial and ethnic health inequities that persist largely due to structural and institutional racism and exclusion.